



BEING CONNECTED | Benefits

Whilst everyone who has experienced mental health issues is on their own, unique recovery journey, there are similarities and the support and information of sharing your experience with others can have a profound effect on your own recovery. We've designed BEING CONNECTED to be a closed community of BEING members (that is, people with lived experience of mental health issues.) In this way it can be a safe space for recovery and advocacy and give us the freedom to share ideas in a private setting.

We are launching with just a fraction of the functionality that is available within this community platform while everyone gets familiar with this new way of engaging as a community. Keep an eye out over the coming months as we add more features.

Here are some of the benefits available right now:

Closed discussion groups

Because the only people involved in our discussion forums are mental health consumers, with mutual respect, we can all benefit from being honest and open about our experience and able to share our ideas about how to improve the situation. Got a question? Ask the community. Got an idea? Share it with the community and see if it has the potential you think it does. Looking for advice? Ask the community. Perhaps someone has "been there, done that."

Library

The library will become our primary location for storing documents relevant to mental health consumers. To make it relevant and useful, some of the material that our community might want to have access to might not be 'right' to share on a public-facing website. Message our admins if there are things you'd like to see added to the library

Coming soon:

Live forums and webinars. Message our admins if there are topics you'd like to have a discussion over, or perhaps people you'd like us to invite to join a conversation.