

## Seeking Expressions of Interest

### **BEING – Mental Health Consumers Rural and Remote Communities Advisory Committee**

#### **Paid Opportunity**

#### **Opportunity**

BEING – Mental Health Consumers is seeking expressions of interest for our Rural and Remote Communities Advisory Committee. The purpose of the committee is to advocate and advise on important mental health issues impacting rural and remote communities across NSW.

To be considered you must:

- Identify as a person who lives with mental health issues
- Reside in a rural or remote area of New South Wales
- Be over the age of 18 years

#### **Who are we?**

BEING – Mental Health Consumers is the independent, state-wide, peak organisation representing the views, perspectives and experiences of people who live with mental health issues in NSW.

The core work of BEING – Mental Health Consumers is to collaborate with mental health consumers across NSW to achieve and support systemic change. We do this through consumer consultation and co-design, as well as collaborative and responsive policy advocacy work. This includes writing submissions, participating in committees, and providing input and advice to government and other organisations working in the mental health sector.

BEING – Mental Health Consumers has a strong focus on human rights and advocates for the rights of people living with mental health issues to live and participate in the communities they choose. We are a values-based organisation whose work is underpinned by recovery-oriented and trauma-informed principles including respect, social justice, transparency, and a belief that recovery is possible for every individual.

#### **Purpose of the BEING – Mental Health Consumers Rural & Remote Communities Committee**

BEING – Mental Health Consumers recognises the importance of including consumer voices in the design and development of the services we operate and view our members as intrinsic to the advocacy work we undertake in influencing policy and services design for people living with mental health issues.

We invite expressions of interest from people living with mental health issues who are residents of rural and remote areas of NSW to participate in a new BEING – Mental Health Consumers Rural and Remote Communities Advisory Committee focused on mental health issues and challenges specifically affecting these communities.

This newly established committee will share community perspectives and provide input to assist us with our broader policy and advocacy work as well as other programs, some of which include:

- BEING Leadership Academy
- BEING Lived Experience Network
- BEING Suicide Support and Awareness Program

### **Frequency of meetings**

Meetings will take place every two months (bi-monthly) and will be conducted via Zoom. Each meeting will run for approximately 2.5 hours from 10am-12:30pm with scheduled breaks included.

Sessions will be recorded, however the recordings will not be distributed externally. Information will be only used for the writing of minutes and reports directly related to BEING's work.

### **Payment**

Participants will be paid \$220 per meeting attended, inclusive of meeting preparation time.

### **Selection Criteria**

To be eligible you must:

- Identify as a person who lives with mental health issues
- Currently reside in a rural or remote location in New South Wales
- Be aged over 18 years
- Have email and reliable internet access (to communicate and attend online Zoom meetings)
- Have access to and be able to use Zoom
- Be passionate about rural and remote community mental health issues
- Be prepared to contribute to meeting discussions and communications
- Be committed to preparing for meetings by reading provided materials

Previous committee experience is desirable but not essential.

### **Application process**

If you are interested in applying, please complete the attached Expression of Interest (EOI) form and email it to [committees@being.org.au](mailto:committees@being.org.au).

For further information or assistance in applying, please contact us via the email provided above or call 1300 234 640.

Please note a limited number of positions are available to participate in this project and not all applicants will be guaranteed an opportunity to take part. Applications are assessed in line with the selection criteria and in accordance with the project requirements and relevant dates. In case you are not selected for this particular project, you may opt in for us to contact you regarding future opportunities as they arise or please stay updated via our Mad Monday Memo newsletter.

**Expressions of Interest Form**  
**BEING – Mental Health Consumers Rural and Remote Communities Advisory Committee**

<b>Full Name</b>	
<b>Contact Number</b>	
<b>Email Address</b>	

<b>Please indicate:</b>	<b>Yes/No</b>
<b>Do you identify as someone living with mental health issues?</b>	
<b>Are you comfortable participating in meetings held on Zoom?</b>	
<b>Are you committed to contributing your voice at every meeting you attend?</b>	
<b>Do you currently live within a rural and remote community in NSW?</b>	
<b>Please specify which rural and remote community you are a part of:</b>	
<b>Do you have any previous experience in rural and remote advocacy and/or committee work?*</b>	
<i>*Previous experience is desirable but not essential.</i>	
<b>If you answered yes above, please tell us a bit about your experience:</b>	



**What issues related to rural and remote community mental health are you passionate about and why?**

**Why would you like to be involved in the BEING – Mental Health Consumers Rural and Remote Communities Advisory Committee?**

**Would you like sign up to our mailing list to receive news, events, and updates on further opportunities?**

Yes

No