

Seeking Expressions of Interest BEING Language Guide Project - Workshops

Paid Opportunity

Applications close 1st August 2022

Background and opportunity

BEING – Mental Health Consumers is in the process of developing a consumer-centric language guide and informational resources. The guide and associated resources are intended to outline BEING – Mental Health Consumers' position and expectations around appropriate language when discussing lived experience of mental health issues as well as trauma, suicide and alcohol and other drugs (AOD) use.

Expressions of Interest are being sought for involvement in this exciting project through participation in two co-design workshops online via Zoom.

These workshops will provide participants with the opportunity to brainstorm ideas, provide feedback and discuss their views relating to language as it relates specifically to mental health.

Workshops

Each workshop will run for approximately **3 hours from 10am-1pm**, with breaks included. Participants are required to be available to attend both workshops.

The dates for the two workshops are as follows:

- Day 1: Tuesday 16 August 2022
- Day 2: Wednesday 17 August 2022

Workshops will be recorded, however the recordings will not be distributed externally. Information will be only used for the writing of minutes and reports directly related to this project.

Payment

Participants will be paid a flat rate of \$220 per co-design workshop participated in, inclusive of preparation time.

Selection Criteria

Eligibility includes:

- Must be over 18 years of age
- Identify as a person living with mental health issues
- Currently live in NSW
- Have email and reliable internet access (to communicate and attend online Zoom meetings)
- Be able to commit to attending both day 1 (16 August 2022) and 2 (17 August 2022)
- Be committed to contributing ideas at the workshops and participating in discussions
- Be committed to preparing for the workshops by reading provided materials

Application process

If you are interested in applying, please complete the attached **Expression of Interest (EOI) form** and email it to Larry.Pichersky@being.org.au. The closing date for EOIs will be 1 August 2022. Applicants will be contacted after the closing date.

For further information or assistance in applying, please contact Larry Pichersky via email provided above or call 1300 234 640 with extension 2120.

Please note a limited number of positions are available to participate in this project and not all applicants will be guaranteed an opportunity to take part. Applications are assessed in line with the selection criteria and in accordance with the project requirements and relevant dates.

In case you are not selected for this particular project, you may opt in for us to contact you regarding future opportunities as they arise or please stay updated via our [Mad Monday Memo newsletter](#).

Disclaimer:

Our Guiding Principles include:

- Creating space for people living with mental health issues to have their voices heard
- Ensuring that recovery-oriented and trauma-informed practice underpins all aspects of BEING – Mental Health Consumers' operation

With this in mind, please be aware that some content discussed in the workshops may be triggering for some people. We encourage participants to ensure you are in a safe space with access to support if needed in the event you experience distress at any point during the discussion.

BEING – Mental Health Consumers values people's right to 'dignity of risk' – whereby people have the right to make decisions around the risks they want to take. By submitting this application you acknowledge that you are fully aware of the subject matter involved and have access to appropriate supports, should they be needed.

Expectations of Participation

By applying to participate in these workshops, you agree to treat other participants, the facilitators and the process with respect and consideration when engaging in the workshops. Please note that major breaches of this may result in participants being asked to leave the online session and payment being forfeited.

Attendance requirement

You are required to attend at least 75% of the paid participation opportunity in order to be eligible for payment. This is to ensure that a satisfactory level of engagement is met.

Expression of Interest Form BEING Language Guide Project - Workshops

By completing this EOI form you acknowledge that you understand and have read through the Expression of Interest information and are happy to proceed with the application process.

Full Name	
Contact Number	
Email Address	

Please indicate:	Yes/No
Are you 18 years and over?	
Do you identify as a person living with mental health issues?	
Are you comfortable participating in workshops held in via Zoom?	
Do you currently live in NSW?	
Are you able to attend both workshop days?	
Are you committed to getting involved and contributing your voice at the workshop?	
Do you agree to be respectful and considerate of other participants, the facilitators and the process?	
Why do you think having a language guide is important when speaking about mental health?	
What would you like to see the BEING language guide include?	
What do you hope to contribute to this project?	
Would you like sign up to our mailing list to receive news, events, and updates on further opportunities?	

Please return your completed EOI form by email to larry.pichersky@being.org.au.