

## Seeking Expressions of Interest

### BEING – Mental Health Consumers Youth Advisory Committee

#### Paid Opportunity

**Applications close 2 May 2022**

#### Opportunity

BEING – Mental Health Consumers is seeking expressions of interest for our Youth Advisory Committee. The purpose of the committee is to advocate and advise on important mental health issues affecting young people across NSW.

To be considered you must:

- Identify as a person living with mental health issues
- Be aged between 18 and 25-years-old
- Live in New South Wales

#### Who are we?

BEING – Mental Health Consumers is the independent, state-wide, peak organisation representing the views, perspectives and experiences of people who live with mental health issues in NSW.

The core work of BEING – Mental Health Consumers is to collaborate with mental health consumers across NSW to achieve and support systemic change. We do this through consumer consultation and co-design, as well as collaborative and responsive policy advocacy work. This includes writing submissions, participating in committees, and providing input and advice to government and other organisations working in the mental health sector.

BEING – Mental Health Consumers has a strong focus on human rights and advocates for the rights of people living with mental health issues and suicidal thoughts to live and participate in the communities they choose. We are a value-based organisation whose work is underpinned by recovery-oriented and trauma-informed principles including respect, social justice, transparency, and a belief that recovery is possible for every individual.

#### Purpose of the BEING – Mental Health Consumers Youth Advisory Committee

BEING – Mental Health Consumers recognises the importance of including consumer voices in the design and development of the services we operate and view our members as intrinsic to the advocacy work we undertake in influencing policy and services design for people living with mental health issues.

Our vision is to amplify the voice of young people living with mental health issues and empower young people (like you) to be part of the discussion on mental health. The BEING – Mental Health Consumers Youth Advisory Committee will target the real-life experiences of young people living with mental health issues.

As an advisory group, the BEING – Mental Health Consumers Youth Advisory Committee will look at various aspects of the work of BEING – Mental Health Consumers and advise on important project

work, policy, system reform, and advocacy needed to bring about change for young people across NSW.

Through bi-monthly meetings, the BEING – Mental Health Consumers Youth Advisory Committee will discuss how mental health impacts young people and create strategies that improve systems and dismantle the stigma which young people face.

### **Frequency of meetings**

Meetings will take place every two months (bi-monthly) and will be conducted either via Zoom or face-to-face. Each meeting will run for approximately 2.5 hours from 10am-12:30pm with scheduled breaks included.

Sessions will be recorded, however the recordings will not be distributed externally. Information will be only used for the writing of minutes and reports directly related to BEING's work.

### **Payment**

Participants will be paid \$220 per meeting attended, inclusive of meeting preparation time.

### **Selection Criteria**

To be eligible you must:

- Identify as a person who lives with mental health issues
- Be aged between 18-25 years and currently live in NSW
- Adhere to our values of respect and dignity for all to enable inclusion, social justice and equity to ensure participation and belief in recovery to make it possible for every individual to recover
- Be passionate about youth mental health issues, and passionate about improving the lives of young people who live with mental health issues across NSW
- Have email and reliable internet access (to communicate and attend online Zoom meetings)
- Have access to and be able to use Zoom
- Be prepared to contribute to meeting discussions and communications
- Be committed to preparing for meetings by reading provided materials

Previous committee experience is desirable but not essential.

### **Application process**

If you are interested in applying, please complete the attached Expression of Interest (EOI) form and email it to [committees@being.org.au](mailto:committees@being.org.au). The closing date for EOIs will be 2 May 2022. Applicants will be contacted after the closing date.

For further information or assistance in applying, please contact Larry Pichersky via email provided above or call 1300 234 640.

Please note a limited number of positions are available to participate in this project and not all applicants will be guaranteed an opportunity to take part. Applications are assessed in line with the selection criteria and in accordance with the project requirements and relevant dates. In case you are not selected for this particular project, you may opt in for us to contact you regarding future opportunities as they arise or please stay updated via our Mad Monday Memo newsletter.

## Expression of Interest Form

### BEING – Mental Health Consumers Youth Advisory Committee

<b>Full Name</b>	
<b>Contact Number</b>	
<b>Email Address</b>	

<b>Please indicate:</b>	<b>Yes/No</b>
<b>Do you identify as a person who lives with mental health issues?</b>	
<b>Are you comfortable participating in meetings held on Zoom or face-to-face?</b>	
<b>Are you aged between 18-25 years and currently living in NSW?</b>	
<b>Are you committed to contributing your voice at every meeting you attend?</b>	
<b>Do you have any prior experience in youth advocacy and/or committee work?*</b> <i>*Previous experience is desirable but not essential.</i>	
<b>If you answered yes above, please tell us a bit about your experience:</b>	
<b>Which issues related to youth mental health and/or suicide are you passionate about and why?</b>	



**Why would you like to be involved in the BEING – Mental Health Consumers Youth Advisory Committee?**

**Would you like sign up to our mailing list to receive news, events, and updates on further opportunities?**

Yes

No