

BEING – Mental Health Consumers

Co-design Committee

We are currently seeking Expressions of Interest for two new committee members (paid opportunity)

To be considered you must identify as either:

- Aboriginal and/or Torres Strait Islander or
- Reside in a rural or remote area

Who are we?

BEING – Mental Health Consumers is the independent peak organisation for people with lived/living experiences of mental health issues in NSW.

The core work of BEING – Mental Health Consumers is to collaborate with mental health consumers across NSW to achieve and support systemic change through consumer consultation and co-design as well as collaborative and responsive policy advocacy work, including writing submissions, participating in committees and providing input and advice to government and other organisations working in the mental health sector.

BEING – Mental Health Consumers has a strong focus on human rights and advocates for the rights of people with mental health issues and suicidal thoughts to live and participate in the communities they choose. We are a value-based organisation whose work is underpinned by Recovery-Oriented and Trauma-Informed principles including respect, social justice, and transparency and a belief that recovery is possible for every individual.

Purpose of the BEING – Mental Health Consumers Co-design Committee

BEING - Mental Health Consumers recognises the importance of including consumer voices in the design and development of the services we operate and view our members as intrinsic to the advocacy work we undertake in influencing policy and service design for people living with mental health issues.



We have established a Co-design committee to assist us with our advocacy work and the establishment of several exciting new programs, some of which include:

- BEING Leadership Academy
- BEING Lived Experience Network
- BEING Suicide Support and Awareness Program

Some key work of the Co-design committee may include Co-design of policies and procedures, and information tips and factsheets, however it is anticipated that there would be opportunities for working groups to be formed from the Co-design committee membership, who may work on individual projects and programs as outlined above.

Payment

Payment for attendance will be at a rate of \$110 for half day meetings and \$220 for full day meetings. As most meetings will be from 10am to 12pm, a half-day fee will be paid to cover costs for reading of papers and attendance.

Meeting dates

The BEING – Mental Health Consumers Co-design Committee will meet on the third Thursday of each month through to June 2021.

Due to COVID-19 and the need work remotely at present, members of the committee will be required to have a computer/laptop and reliable internet connection.

Please note that some meetings may be converted to working group meetings as per the needs of the organisation.

Selection criteria and application process

The BEING – Mental Health Consumers Co-design Committee is open to members of the organisation who live with mental health issues (consumers) and who have had previous experience in participating in systemic advocacy and program committee work.

We currently have two positions available. One of these is a dedicated Aboriginal and Torres Strait Islander position. We encourage men and people living in rural and remote areas to apply.

Application process

If you are interested in applying for a position with the Co-design Committee, please provide a short expression of interest in an email or word document and ensure to include the following:

- Your name, suburb, email, and phone details,
- A brief outline about why you would like to be involved in the BEING - Mental Health Consumers Co-design Committee,
- Your previous experience of individual and systemic advocacy committee and/or board work,
- A brief summary of your lived experience in regards the above criteria,
- If you identify with either of the diverse demographics listed above

Please submit your Expression of Interest via email to info@being.org.au

Expressions of Interest will close when the positions are filled.