

# Youth Committee

Are you passionate about social justice and issues affecting youth and mental health?

**Get involved!**

- Are you between the ages of 16-25 and live in NSW?
- Do you have your own lived/living experience of mental health issues and/or suicidal thoughts and want to share your story and perspectives?
- Do you want to influence change at a state level?

The BEING – Mental Health Consumers Youth Committee will target the real-life experiences of young people who live with mental health issues and suicidal thoughts. The Committee will look at the work of BEING – Mental Health Consumers and advise on important project work, policy, system reform, and advocacy needed to bring about change for young people across NSW. **This is a paid opportunity.**

## Who we are

BEING – Mental Health Consumers is the independent, state-wide peak organisation representing the views, perspectives and experiences of people who live with mental health issues in NSW.

Our primary focus is to ensure the voices of people living with mental health issues are heard by decision makers, services providers, and the community, and recognised for the valuable expertise they bring to system and service reform.

To learn more & to register your interest visit [being.org.au/committees/](http://being.org.au/committees/) or email [info@being.org.au](mailto:info@being.org.au)

A large, stylized graphic on the right side of the page. It consists of several overlapping circles in shades of blue, orange, and purple. In the center of these circles, the text "We Get It" is written in a bold, white, sans-serif font.

**We  
Get  
It**